# 2023

## DEVELOPMENTAL DISABILITIES AWARENESS MONTH

## "BEYOND THE CONVERSATION"



## CELEBRATING ADVOCATES DAY March 15, 2023 7:30 am ~ 3:00 p.m. Bar-K Restaurant, Tinian





This year, the CNMI Disability Network Partners has embraced the theme "Beyond the Conversation" in recognition of Developmental Disabilities Awareness Month. It is time to ask the question, "Once the conversations have taken place, what comes next?" What comes next is action. What are communities doing to create change? So, simply said, the time for talking is over, now it is time for us to act to create this change.....so let's start today!

We are very pleased and honored that you have joined us today as we celebrate "Advocates Day". We hope that the activities you join today will not only be fun, but that you will learn and share something new.

#### This Conference Was Brought To You By:





## **Activities Schedule:**

## 7:30 – 8:00 am Registration

8:00 - 11:30 am MC: Sam Santos

- Welcoming Remarks
- MICAH: Trust Walk
- PSS SPED: Hand-on activity
- UCEDD: Stress Management & Self Care
- NMPASI: Public Speaking & Self-advocacy

#### 11:30 am - 12:30 pm Lunch

Assistive Technology Pilot Survey

### 12:30 pm - 2:45 pm

- ATP: Build a No to Low Tech AT
- OVR: Beyond the Conversation
- DOL-WIA: Jobs for Me
- CLI: Painting

### 2:45 pm - 3:00 pm

- Closing Remarks
- Satisfaction Survey

"Actions speak louder than words; let your words teach, and your actions speak."



Anthony of Padua

#### ACTIVITIES AT-A-GLANCE

Assistive Technology Program: "Build a No to Low Tech AT Device" Participants will be given a brief overview of what no or low tech AT devices/equipment are and will be allowed to build at least 2 low tech devices.

**Center for Living Independently:** Painting "An Expression of Self"

**Maternal, Infant, Child and Adolescent Health:** "Trust Walk" - designed to help participants develop great communication skills, listening skills as well as trust.

**Northern Marianas Protection & Advocacy Systems Inc.:** Activities will target increasing public speaking and self-advocacy skills.

**Office of Vocational Rehabilitation:** "Beyond the Conversation, On to the Paper, Towards Building a Future" - With the motto "Together, we can build a future." the CNMI Office of Vocational Rehabilitation (OVR) Team will discuss how an Individualized Plan for Employment, or IPE, is created and implemented. Participants will facilitate an activity.

**Public School System - Special Ed. Program:** Hands on activities targeting increasing family involvement.

University Center for Excellence in Developmental Disabilities: "Stress Management & Self Care Techniques. Participants will have the opportunity to vent out stressful moments in their lives, and discuss how they coped with the event. They will be provided techniques & hands on activities to improve coping skills and enhance their quality of life.

**WIOA:** "Jobs for Me" - Do you sometimes sit down and think to yourself, "What do I wanna do? Where should I work at?" Take our Interest Profiler to find out what are your main interests and how they connect to a Career. When you know what your interests are you can better search for the types of jobs that make you fill happy, involved, and meaningful.



